

“LAKAZ’FONLIESE”



Welcome to Lakaz'fonliese,

We are delighted to welcome you to our haven of peace located in the heart of the magnificent Diamond City.

Nestled in a peaceful environment, this magnificent modern and tastefully decorated T3 is located close to the beaches. Whether you're looking for adventure or simply wanting to recharge your batteries, this apartment is the perfect place to stay during your vacation.

In this welcome booklet, you will find all the information you need to fully enjoy your stay: from restaurant recommendations to tourist attractions not to be missed, including practical advice for your comfort.

We wish you a pleasant stay and hope that you will take full advantage of all that Martinique has to offer

1) Practical information

★ Welcome

-Your arrival

We will welcome you into the accommodation from 5 p.m. to give you the keys. We will contact you to clarify the arrival time of your plane, and adjust your welcome if it is delayed.

-Your departure

Our departure is scheduled for 10 a.m. We will write to you the day before departure to organize it as best as possible and adjust the time if possible.

★ The keys

When you arrive, we will give you a set of keys. It is composed of a beep from the residence gate, a vigik for the building door, and the key to the apartment (number 24 second floor).

★ Parking

A parking space is available to you in the secure car park, number 14. Please do not occupy others so as not to disturb the neighborhood.

If you have two vehicles, you can use the visitor spaces which are marked with a “V”

★ Internet

The accommodation is equipped with internet access
wifi: Lakazfonliese
key: 972Lediamant

★ Air conditioning/ventilation

Both bedrooms are equipped with air conditioning and ceiling fans.
For the air conditioning, please remember to turn it off when you leave the accommodation and keep it running if the blinds/windows are closed.

★ Games and equipment available

In the living room, you will find board games in a drawer, you can use them.
A Hifi system is available on the same piece of furniture to listen to the radio. A small office area is set up for teleworking or writing a note in the “Lakaz’fonliese” guestbook. A plancha is stored in the kitchen, you can take it out onto the terrace to enjoy some grilling.

★ The laundry room

On the side of the balcony, you will find a storage-laundry area. There you will find a washing machine, an iron and an ironing board, a drying rack, maintenance equipment (vacuum cleaner, mop, basin, etc.) as well as sorting bins.

★ trash cans (see attachment)

The trash room is located at the entrance to the residence, you have containers for household waste and recycling. Thanks for making the necessary.
Local code: 2024 Y

★ The day of departure

The obligatory cleaning package simplifies your end of stay, we will take care of everything... or almost!

Before our arrival, all you have to do is:

- empty the refrigerator of opened foodstuffs,
- empty and throw away all the trash
- do the dishes and/or empty the dishwasher,
- check that you have not forgotten anything in the cupboards.

We hope that you will take great care of the premises, in order to return the accommodation in the same condition as you found it.

Please let us know of any possible breakages or malfunctions.

★ Shopping (food)

You will find on the Diamant the local market (26-34 Rue des Arawaks) from Tuesday to Sunday from 7 a.m. to 12:30 p.m., there are sellers of fruit and vegetables and souvenirs (they take the CB).

At the entrance to the town, opposite the primary school, there is a “U Express”.

“La Relais” grocery store is located near the accommodation (14 rue des Caraïbes), it is open every day from 6 a.m. to 8 p.m. On weekends sale of chicken, grill. But also a store of breads and local pastries.

In the direction of Lamentin Carrefour Génipa is the largest supermarket near Diamant if you are looking for specific products.

During your visits, you will regularly find fruit and vegetable stands on the side of the roads.

From the accommodation, just after the stadiums, you will find a bakery, a tobacconist, a vending machine.



A little extra, you can use the 123click service to have your groceries ordered online delivered to you.

★ Care

If necessary, several doctors are available on Le Diamant:

-Dr Helan Valérie: in Ravine Gens Bois, +596 596 65 48 31.

-Dr Gibus Jean Louis: rue des Arawaks, +596 596 76 42 64.

You can also call SOS doctors: +596 596 63 33 33

Two pharmacies are located in the town:

-Serres Pharmacy: 2 Jacqua habitation, +596 596 79 29 43

-Charpentier Pharmacy; 38 rue Justin Roc +596 596 76 42 70

If necessary, there are also physiotherapists, nursing offices, dentists, a laboratory, etc.

★ Car rental

There are many options available to you for renting a car during your stay. Either rental agencies or individuals. We have always had good feedback regarding Loc Eric: +596 696 37 10 14, which offers delivery to the airport. If you need a taxi, contact Xavier de Sixt on our behalf at: +596 696 10 18 53

2) Watch out for yourself!!!

★ Mosquitoes

Mosquitoes love tropical areas and vacationers! The bites are never very pleasant, but they can especially transmit Dengue, Chikungunya, Zika. Remember to use mosquito repellent lotion. You can also burn coils, put lemongrass on your clothes. The ideal, at nightfall, is to wear long clothes to protect yourself.

★ The great Diamond beach

Le Diamant offers its vacationers a 3-kilometer-long beach with a view of the rock. Several car parks allow you to park along this cove. Be careful though, it is one of the most dangerous beaches on the island because of its big waves (not always present) and currents. So remember not to move away and to remain vigilant.



★ The Mancenilliers

Manchineel trees are toxic trees, which can cause very serious burns by simple contact with the skin and internal burns or swelling by ingestion, which can lead to death.

Do not shelter under it when it rains, and especially do not put fruits resembling small apples in your mouth.

To identify them, most have a strip of red paint on their trunk.



★ Sargassum

These are brown algae which have been arriving on the coasts of Martinique for several years now. At sea or dry on the beaches, they present no danger. However, when they are on the wet sand area, the algae accumulate, forming piles which enter into a process of putrefaction causing the release of gas. These can be harmful and cause irritation to the eyes and respiratory tract. People with asthma, children, the elderly, pregnant women are more sensitive. Don't lie on it if you have it on the beach!!!

★ UV

How often do we observe sunburned vacationers? The UV index in Martinique is on average 11 and can rise to 14, while it rarely exceeds 8 in mainland France. So remember to protect yourself (cream, anti-UV t-shirt, hat, etc.)

★ The caps

The roads in Martinique are very congested, even more so during tourist periods. Think about it, if you go up to the north and anticipate the time you will spend driving in traffic, it can be long and tiring.

3) Enjoy your vacation

During your stay, Martinique can offer you a multitude of activities to do.

★ The beaches

There's nothing better for having a good time, resting, sunbathing, reading, diving... or swimming than the beaches of Martinique.

- Large Diamond Beach,
- Salines Beach, Pointe Marin, Anse Caritan, Anse Michel (Saint Anne): very calm water,
- Anse Dufour and Grande Anse (Anse d'Arlet) very well known for observing turtles. Speaking of turtles: above all, do not touch them, do not follow them and prevent them from coming to the surface to breathe, do not surround them, respect a minimum distance of 5m when observing them, do not make sudden movements,
- Bourg d'Anse d'Arlet: aquatic course around a rock allowing you to observe beautiful fish,
- Anse Noire (next to Anse Dufour, black sand beach and much wilder),
- Anse Couleuvre, (to the north) black sand beach,

-Anse Mitan (3 islets), presence of beautiful starfish. It's like the turtles, to preserve them, they must not be touched and even less taken out of the water.



★ Hikes

-Morne Larcher au Diamant (departure from Anse Cafard), hike with a 300m drop in the rocks, offering on arrival a sublime panorama of the rock and Diamant Bay. It takes on average 45 minutes to reach the viewpoint.

-Cascade Couleuvre (starting point Anse Couleuvre, end of the road). 45-minute walk (one way) through the undergrowth to reach the waterfall. If you are lucky, you will be able to observe Matoutous (Protected and non-venomous spider species).

-Savane des Pétrifications: 2-hour walk (round trip) allowing you to observe an arid area of Martinique because this site is an ancient volcano. Departure either from Anse Trabaud, or at the end of the Salines beach car park (a small bridge allows you to see the start of the hike). Be careful, there is almost no shade on the path.

-Caravelle Peninsula. Possibility of a short 1 hour hike in the mangrove or the large loop of around 3 hours. Both hikes can provide access to the Baie des Trésors, a beautiful little beach.

-Mountain Pelée. The Pélée mountain volcano is the highest point in Martinique, it rises to almost 1400m high. It offers a beautiful 4-5 hour hike, offering incredible views (when uncovered) of Saint Pierre Bay, the Caribbean Sea, and the North Atlantic part of the Island. To do this hike, you must be well equipped, in good physical condition and leave fairly early in the day.

-Beach trail in Sainte Luce. Walk along the 7 beaches of Sainte Luce. This walk allows you to alternate between swimming and walking. Very accessible and easy trail (even with children).





★ Possible activities (at the Diamond)

- Jet ski: Madin'jet, O'Mullane Bas +596 696 27 88 92
- Diving: DSC Diving Club, O'Mullane Bas +596 696 39 54 55
- Buggy: Buggy Quad Martinique, O'Mullane Bas +596 696 48 59 96
- Surf: Original Surf School: Beach 6: +596 696 11 90 60
- Massage: Mailys Massage, at home or on the beach 06 78 13 05 14

★ Possible activities (excluding Diamond)

- Dolphins outing: Calypso cruises, day, half-day or sunset departure from the Grande Anse d'Arlet pontoon: promo code "CALYPSO ZESTE 2024" to give when booking to benefit from a 5 euro discount per person +596 696 51 90 54
- Ti canoes: boat rental without a license to visit Robert Bay with family (Ilet Chancel, Fonds Blancs de Trapèze, Ilet Madame) +596 696 01 26 93
- Denis excursions: boat trip, day or half day in the Ilets of François and Robert +596 696 44 46 46
- Balata Garden: beautiful botanical garden 10km north of Fort de France visit 1h - 1h30
- Carbet Zoo: In a sublime dwelling it houses species from the Lesser Antilles +596 596 52 76 08
- Bananeraie Belfort, visit by little train to the banana grove: + 596 696 252589





★ Distilleries

Martinique is renowned for its distilleries which produce rum agricole, a variety of rum specific to the region. Agricultural rum is made from fresh sugar cane, unlike industrial rum which is produced from molasses. Martinique distilleries play a crucial role in the production of this renowned rum.

We advise you during your stay to visit at least one distillery. For our part, we have a little fondness for “Clément”. Located in Le François, Habitation Clément is both a distillery and a remarkable heritage site, known for its old rums and its park classified as a Historic Monument.

But you can also go to the sites of:

- HSE (Habitation Saint-Étienne): Located in Gros-Morne, this distillery is renowned for its exceptional rums, aged in special barrels like those that contained whiskey or wine. A mix of innovation and tradition.

- Saint-James: Located in Sainte-Marie, it is one of the oldest distilleries. It produces emblematic agricultural rums and is home to an unmissable rum museum.

- Depaz: Located at the foot of Montagne Pelée in Saint-Pierre, this distillery produces rums with a unique taste thanks to sugar cane grown on volcanic soil.

- La Mauny: Located in Rivière-Pilote, it is famous for its fruity rums and punches. Let yourself be tempted by a little train tour of its traditional facilities.

- A1710: This high-end micro-distillery, nestled in François, combines modernity and artisanal know-how to create elegant and complex rums.

- Neisson: In Le Carbet, this family distillery emphasizes ecology and authenticity to produce refined agricultural rums with a unique taste.

These distilleries offer a rich and diverse overview of Martinique's rum heritage.

4) Our gourmet favorites at Le Diamant

Here are some places to go eat or drink.

- La Playa on the Market Square, open in the evening for a cocktail with your feet in the sand,
- Les Accras du Rocher behind the market, beach view, very good menu, good value for money, open for lunch,
- New Cap: on the beach of Anse Cafard, very good cuisine, open for lunch and dinner, presence of musical groups from time to time,
- Ti Prestige: Family pizzeria, open for lunch and dinner, also for takeaway,
- Le Grand Bleu, at the entrance to the village, sea view, restaurant with swimming pool.
- La Kaz in Demus, entrance to the village, fresh produce, open in the evening
- Le Frisson Sucré: the best ice cream parlor on the island!



5) If you need us

If you need us during your stay, do not hesitate to contact us or write to us on WhatsApp

Gwen: 06 32 66 71 30

Emilie: 06 50 43 43 79

We wish you the most pleasant stay.